



VA Sepulveda Ambulatory Care Center Psychology Postdoctoral Fellowship Programs in Clinical Psychology

VA Sepulveda Ambulatory Care Center

Alexis D. Kulick, Ph.D., ABPP/CN

Director of Psychology Training

Psychology Department (116B)

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Applications Due: December 27

<http://www.psychologytraining.va.gov/sepulveda/index.asp>

Postdoctoral Fellowship Positions:

The Sepulveda VA has 2 one-year Postdoctoral Fellowship positions in Clinical Psychology:

1. Substance Use Disorders/Posttraumatic Stress Disorder (SUD/PTSD)
2. Primary Care Mental Health Integration/Behavior Medicine (PCMHI/B-Med)

Accreditation Status:

The postdoctoral Fellowship at the Sepulveda VA Ambulatory Care Center is not yet accredited by the Commission on Accreditation of the American Psychological Association. An accreditation application is in process. The two postdoctoral fellowships have been accredited by the Association of Psychology Postdoctoral and Internship Centers (APPIC) since January, 2015.

Eligibility:

To be considered for our postdoctoral training program, an applicant must have completed all of the requirements for the doctoral degree, including internship and dissertation. The Department of Veterans Affairs requires that the applicant's doctoral degree and internship be completed at programs accredited by the American Psychological Association.

Other VA-wide eligibility requirements include:

1. U.S. citizenship. VA is unable to consider applications from anyone who is not currently a U.S. citizen. Verification of citizenship is required following selection. All interns and Fellows must complete a Certification of Citizenship in the United States prior to beginning VA training.
2. A male applicant born after 12/31/1959 must have registered for the draft by age 26 to be eligible for any US government employment, including selection as a paid VA trainee. Male applicants must sign a pre-appointment Certification Statement for Selective Service Registration before they can be processed into a training program. Exceptions

can be granted only by the US Office of Personnel Management; exceptions are very rarely granted.

3. Interns and Fellows are subject to fingerprinting and background checks. Match result and selection decisions are contingent on passing these screens.
4. VA conducts drug screening exams on randomly selected personnel as well as new employees. Interns and Fellows are not required to be tested prior to beginning work, but once on staff they are subject to random selection for testing as are other employees.

For more information, please see: <http://www.psychologytraining.va.gov/eligibility.asp>.

Application Process:

Please submit the following documents via the APPA CAS website:

1. Cover letter summarizing educational, clinical, and research experiences relevant to the Fellowship, along with a description about Fellowship goals and career goals, more generally
2. An updated copy of your Curriculum Vitae
3. Three letters of recommendation
4. Letter from your internship training director verifying on-track completion of internship
 - o If Internship TD is writing one of your reference letters, please ask him/her to verify on-time completion of internship.
5. A letter from your dissertation advisor verifying you are expected to complete or have already completed your dissertation by the end of your internship. This letter should also indicate that your doctoral degree has been, or will be, completed before the start of the Fellowship
6. Graduate Transcript

Questions regarding the Fellowship can be directed to:

Alexis Kulick, Ph.D., ABPP,
Director of Psychology Training
Email: Alexis.Kulick@va.gov
Phone: 818-891-7711 x32734

Selection Process:

We are seeking applicants who have strong skills in intervention, assessment, consultation, program development, and program evaluation activities. Applicants should also possess the personal characteristics necessary to function well as a doctoral-level professional in a medical center and as an integral member of several interprofessional teams. Our selection criteria specifically focus on background training and experience as well as future career aspirations. We seek the best fit between applicants and our training program.

Applications are reviewed by the Director of Psychology Training in addition to one of the supervisors in the different emphasis areas. Following this review, highly ranked applicants are asked to participate in interviews, which may be either in-person or via telephone. After the interview process is complete, the selection committee ranks the applicants and offers are extended, abiding by the APPIC Uniform Notification Date guidelines. When applicants are no longer under consideration, we strive to notify them as soon as possible.

The postdoctoral Fellowship program is not yet accredited by the Commission on Accreditation of the American Psychological Association. We are in the process of applying for accreditation. Inquiries regarding the accreditation of our Fellowship program may be directed to:

Office of Program Consultation and Accreditation

American Psychological Association

750 First Street, NE

Washington, DC 20002-4242

Telephone: 202-336-5979

Fax: 202-336-5978

<http://www.apa.org/ed/accreditation>

Email: apaaccred@apa.org

The Department of Veterans Affairs is an Equal Opportunity Employer. Our Fellowship program highly values cultural and individual diversity and welcomes applicants from all backgrounds.

Psychology Setting

The VA Greater Los Angeles Healthcare System (GLA) is the largest, most complex integrated healthcare system within the Department of Veterans Affairs. It is one component of the [VA Desert Pacific Healthcare Network \(VISN22\)](#) offering services to veterans residing in Southern California and Southern Nevada. GLA consists of three ambulatory care centers, a tertiary care facility and 10 community based outpatient clinics. GLA serves veterans residing throughout five counties: Los Angeles, Ventura, Kern, Santa Barbara, and San Luis Obispo. There are 1.4 million veterans in the GLA service area.

GLA directs the Department of Veterans Affairs' largest educational enterprise and serves as a major training site for medical residencies sponsored by the UCLA David Geffen School of Medicine and USC School of Medicine as well as Advanced Practice Nursing Programs sponsored by local universities. GLA is affiliated with over 45 colleges, universities, and vocational schools in 17 different medical, nursing, paramedical, and administrative programs. Over 500 University residents, interns, and students are trained at GLA each year, and the institution sponsors 16 medical residencies and numerous associated health residencies in dentistry, podiatry, optometry, pharmacy, clinical psychology and dietetics. GLA's educational budget is in excess of \$30 million dollars.

The Sepulveda Ambulatory Care Center (SACC), located in the San Fernando Valley of Los Angeles, is part of the VA Greater Los Angeles Healthcare System. SACC is the major outpatient facility charged with providing services to the veterans living in Northern Los Angeles. Sepulveda has redefined its mission and has become a comprehensive ambulatory care, education, and research facility. There is also a 120-bed academic nursing home care unit on the campus. SACC offers a comprehensive array of services that supports the primary care program. These services include a wide spectrum of on-site ambulatory care activities for internal medicine, neurology, and specialty ambulatory surgery services, comprehensive psychiatry and psychology services, including alcohol and substance abuse treatment, dentistry, social services, rehabilitation medicine, audiology, speech pathology, prosthetics services, and an outpatient Spinal Cord Injury Program. In addition, the Center is recognized for special programs, including

Geriatric Research, Education and Clinical Care Program (GRECC) and the Women's Health Program. SACC is unique for its expertise in primary, managed care education and is a site for national VA PRIME medical residents and associated health trainees. Sepulveda's strong academic affiliation with UCLA Schools of Medicine, Dentistry and Nursing assures a progressive, high-quality healthcare environment.

SACC has a rich tradition of innovation in healthcare delivery and interprofessional collaboration. From an old-style traditional VA Medical Center, we have emerged as a facility in tune with the health care delivery context of today, featuring a focus on outpatient treatment. Psychology is an independent discipline, but a fully integrated and respected component of the overall mental health and medical services. Psychology trainees work closely with team members from a variety of disciplines in their clinical placements.

As a teaching facility, education and training are prominent at SACC. Most members of the medical staff hold clinical and/or academic appointments at UCLA or other academic institutions. While our program's mission is to train psychology pre-interns, interns, and Fellows to become competent clinicians, research is a significant part of the facility's overall mission. Research projects, including Quality Improvement (QI) activities can be, and often are, adjuncts to trainees' clinical experiences.

The Psychology Department at the VA Sepulveda Ambulatory Care Center has a strong commitment to and long history of providing training. Dr. Alexis Kulick oversees our highly competitive (135-155 applications annually) predoctoral internship program. This program has been accredited by the American Psychological Association since 1979; our next site visit is scheduled to occur in 2016. Almost all of our 13 full-time and one part-time Psychology Department staff are involved in training. Our psychology internship program at the Sepulveda VA is a generalist program based on the practitioner-scientist model of training and provides one-year, full-time, clinical training to six predoctoral interns. In addition to training predoctoral interns, the training program selects 3-6 practicum students each year, all of whom receive at least nine months of supervised training in different clinical rotations. Postdoctoral Fellows will have a chance to provided layered supervision to our junior trainees. All clinical supervisors in the Fellowship, internship, and practicum program are licensed clinical psychologists and complete biannual training and education in clinical supervision as mandated by the California Board of Psychology.

Training Model and Program Philosophy

The mission of our Psychology Postdoctoral Fellowship Program is to promote advanced competence in the practice of psychology. One program provides in-depth training in the assessment and treatment of Addictive Behaviors and PTSD while the other program focuses on Mental Health Integration in medical settings. The VA Sepulveda Psychology training program aims to provide breadth of training through supervised patient care and didactics. Our developmental training model takes into consideration that postdoctoral Fellows arrive with varying degrees of experience. We strive to build upon baseline skills and competency benchmarks acquired during the predoctoral internship year. Thus, over the course of the postdoctoral year, the Fellow will be granted more autonomy and responsibility in an organized and developmentally-sensitive sequence.

Our Fellowship program is based on the practitioner-scientist model of training. Our program emphasizes the application of current scientific knowledge to the professional delivery of services. This emphasis is reflected in the content of training experiences, which include training in evidence-based practices (e.g., ACT, CPT, PE, Seeking Safety, MI, CBT-I, IRT, etc.), participation in quality improvement projects, and didactics offered through the VA. At the completion of training, our Fellows are expected to be prepared to successfully obtain licensure and to function as competent, entry-level psychologists.

Program Goals & Objectives

Training for the Psychology Fellow will be focused on eight goals or primary areas of competence, and the Fellow is expected to obtain proficiency in these areas.

1. **Psychotherapy:** The Fellow will demonstrate competency in providing treatment to Veterans in group psychotherapy, short-term individual psychotherapy, and psychoeducational modalities using evidence-based treatment approaches.
2. **Assessment, Diagnosis, and Consultation:** The Fellow will demonstrate an ability to formulate DSM-5 diagnoses by integrating data from a variety of sources, including clinical interview, medical history/chart review, and psychological test data. The Fellow will demonstrate competence in communicating his/her findings to other mental health professionals, the Veterans, and family members (as appropriate), as well as offering consultation to treatment providers outside of mental health.
3. **Supervision:** The Fellow will receive supervision and will be provided opportunities to supervise junior trainees (e.g., psychology interns, practicum students), under the guidance of the primary supervisor. The Fellow is expected to develop entry-level skills providing supervision to other psychology trainees, in a “layered” supervision context.
4. **Professional Identity and Ethical Practice:** The Fellow will demonstrate knowledge and appropriate application of professional ethics, laws, and standards in all clinical activities. The Fellow will demonstrate sound professional clinical judgment and behavior in the application of assessment and intervention procedures, and will demonstrate a thorough working understanding of ethical principles and standards within the discipline.
5. **Interdisciplinary Skills:** The Fellow will demonstrate the ability to function effectively as a member of interprofessional teams, which include other health care providers (e.g., physicians, nurses, social workers, etc.). He/she will collaborate with these other professionals to design treatment plans and strategies to address patients' needs. The Fellow will develop a working understanding of team processes and group roles.
6. **Individual and Cultural Competence:** The Fellow will demonstrate knowledge and application of individual and cultural diversity considerations in his/her clinical work. Competency will be developed through supervised clinical work, consultation, and didactics.

The Fellow will be expected to identify cultural/ethnic issues relevant to individual cases and modify assessment/treatment approaches accordingly.

7. **Integration of Science and Practice/Performance Evaluation:** Fellows will develop an advanced level of knowledge of evidence-based practices, the ability to apply research literature to clinical practice, and continued development of critical thinking skills. The Fellow will receive training in program evaluation and performance improvement efforts. This includes identifying service needs, designing and executing a program evaluation/performance improvement project using outcome measures, and presenting findings to stakeholders.
8. **Knowledge of Administrative and Organizational practices:** The Fellow will gain experience in some aspect of administration, organization or management of psychology service delivery.

The Psychology Fellow will be formally evaluated on these eight areas of competence at the mid-year and end-of-year points of the Fellowship with formal, written competency-based evaluations by primary and delegated supervisors. These evaluations are designed to encourage communication, identify strengths and weaknesses, and set goals for training. There will also be ongoing, informal evaluation and feedback to ensure open communication and to facilitate a collaborative learning environment for the Fellow. Finally, the Fellow will be asked to evaluate his/her supervisors at each evaluation period to solicit feedback and suggestions for program improvement purposes.

POSTDOCTORAL FELLOWSHIP IN SUD/PTSD:

Program Structure

Training for the Psychology Fellow will be focused primarily in the Intensive Outpatient Programs (IOP) at Sepulveda -- specifically, the Addictive Behaviors Clinic (ABC) and Mental Health Recovery and Intensive Treatment (MHRIT) clinics.

The Addictive Behaviors Clinic (ABC) offers an Intensive Outpatient Program (IOP) to male and female Veterans, ages 20 to 80, who are dependent on alcohol, heroin, cocaine, amphetamines, and/or other substances. Most patients have concomitant psychological problems. Patients are required to commit to a minimum of 16 weeks of 3 days/week treatment and many continue in aftercare treatment for a year or longer. Therapeutic interventions are recovery oriented and include evidence-based treatment of early recovery and relapse prevention skills through the Matrix model of treatment, as well as DBT skills-based emotions management groups and CBT skills-based groups. Veterans develop a network of community and support.

In ABC, the Fellow will participate in the same functions as the staff psychologist. He/she will conduct assessments, lead psychoeducation groups, lead small and large therapy groups, administer and interpret psychological testing, and conduct individual psychotherapy while

working within an interprofessional team to make both administrative and treatment decisions. The Fellow will be encouraged to teach and to model adaptive behaviors, including self-awareness, boundary management, and emotional regulation skills. The Fellow may participate in PTSD/SUD empirically-validated, harm-reduction treatment groups based on Lisa Najavits' Seeking Safety workbook. Further, the Fellow will facilitate a Healthy Habits group, which is an empirically supported, harm-reduction treatment group based on the stages of change model. These groups allow for contrast from the abstinence-based/disease model component of training, giving the Fellow a chance to learn how to match treatment approaches with patient needs.

The treatment team is drawn from various disciplines, including psychology, psychiatry, social work, nursing, peer support, and recreation therapy. Learning to coordinate interdisciplinary care will be an important focus of training on the unit. The Fellow will be encouraged to develop and to model effective staff interactions, which patients can utilize as a model to improve their own peer relationships.

The MHRIT Program is an innovative program that provides recovery-based individual and group-based treatment for patients with a variety of diagnoses, such as PTSD, depression, and anxiety. The interprofessional staff in MHRIT provides a variety of time-limited, evidence-based treatments, such as Cognitive Processing Therapy, Social Skills training for Schizophrenia, Cognitive Behavioral Treatment (CBT) for Anxiety and Depression, as well as other innovative treatments, such as Breathing/Stretching/Relaxation and iRest Yoga.

The MHRIT team works to provide seamless access to the program through consultation with staff in all programs of the medical center. Both group and individual treatment efforts are guided by goals established with the patient and the team in the initial stages of treatment. These goals are based on the principles and practices of Recovery.

The Fellow on MHRIT will participate in all aspects of treatment. He/she will conduct assessments, create individualized treatment plans, provide individual psychotherapy, facilitate groups, and participate in interdisciplinary team conferences. This will include collaboration with other programs and disciplines across SACC in order to address the patient's overall well-being.

Finally, the above-mentioned skills may be applied as the Fellow connects Veterans in rural settings to psychiatric assessment and psychotherapy services. SACC provides telemental health services to six CBOCs. The Fellow will learn and implement skills in the delivery of rural mental health care using telemental health technology, which will lead to increased Veteran access to quality healthcare for the treatment of SUD and PTSD.

Throughout the year, it is expected that the Fellow will provide supervision to junior trainees and engage in both program development and program evaluation activities.

Optional Training Experiences include:

1. Development and implementation of SUD and/or PTSD services in the Women's Clinic, such as running a Seeking Safety Group or providing individual services.

2. The Fellow is encouraged to review the services offered in other clinics and may participate in any of our ongoing groups if it fits in the Fellow's schedule.
3. Assistance in facilitating the Psychology Training Seminar, which provides weekly didactic instruction on diverse issues relevant to the practice of psychology. Topics covered include, diversity, preparing for post-docs and licensure, military culture, boundary issues, and other professional issues. These topics are intended to complement the clinical training activities during the training year. Postdocs are required to make one presentation during the year in addition to facilitating the seminar.

Supervisors:

Alex Barrad, Psy.D.

Melissa Lewis, Ph.D.

Shana Spangler, Psy.D.

POSTDOCTORAL FELLOWSHIP IN PCMHI/B-MED:

Training for the Psychology Fellow will be focused primarily in the Primary Care Mental Health Integration (PCMHI) Clinic, the Home-Based Primary Care (HBPC) Program, and the Behavioral Sleep Medicine (BSM) Program

PCMHI: SACC was an early adopter of Primary Care Mental Health Integration (PCMHI), and has consistently performed above national goals for mental health visits within primary care. We have “co-located” mental health providers in primary care spaces making SACC an ideal site for PCMHI training. The Fellow will be engaging in co-located collaborative care on an interprofessional primary care team, providing initial assessments to patients presenting with a wide variety of issues who may be experiencing their first contact with mental health services. Fellows will have the opportunity to conduct intake interviews, perform “curb-side” consults, and to generate joint treatment plans with psychiatrists, primary care providers, and other medical providers. Interns will also be involved in conducting groups and will be responsible for providing patients with psychoeducation, coping skills, and facilitating patients' involvement in the next step of their mental health treatment.

The Fellow will work closely with supervising psychologists to deliver brief interventions and to provide consultation services within interprofessional team. Treatment approaches emphasize evidence-based modalities, including: mindfulness, Biofeedback, MI, and ACT as well as integrative health and healing (IHH) modalities, such as progressive muscle relaxation, breathing retraining, guided imagery, mindful meditation, and yoga.

HBPC: The VA HBPC program provides comprehensive, interdisciplinary primary care services in the homes of Veterans with complex and chronic, disabling diseases. HBPC began as a pilot project at six facilities in 1970 and became an established program in 1972. The HBPC model targets persons with complex, chronic, and progressive diseases and provides interprofessional care that is longitudinal and comprehensive, rather than episodic and focused. HBPC provides cost-effective home-based primary care services, palliative care, mental health care, rehabilitation, disease management, and coordination of care. HBPC teams typically include

representatives from such disciplines as medicine, mental health, nursing, pharmacy, social work, psychology, rehabilitation, and dietetics.

HBPC targets primarily the following types of patients in need of home care:

1. Longitudinal care patients with chronic, progressive, and complex medical, social, and behavioral conditions, particularly those at high risk of hospital, nursing home, or recurrent emergency care.
2. Longitudinal care patients who require palliative care for an advanced disease that is life limiting and refractory to disease-modifying treatment.
3. Patients whose home-care needs are expected to be of short durations or for a focused problem.

The Psychology Fellow will provide a full range of psychological services to patients and their families, including screening, psychological, cognitive, and capacity assessments, psychotherapy, and prevention-oriented services. Mental health treatment and prevention-oriented services will emphasize evidence-based and best practice approaches. The Fellow will also provide evidence-based interventions to help patients manage behavioral factors associated with health problems and to promote medical compliance. The Fellow will initially conduct visits with the supervising HBPC psychologist, assuming graduated levels of responsibility across the training year.

BSM: The comprehensive BSM program is located within the AASM Accredited Sleep Medicine Center as part of comprehensive patient-centered care for sleep disorders. The Fellow will work closely with the supervising psychologists to deliver evidence-based treatments including CBT-I, chronotherapy, supervised hypnotic taper, group therapy for nightmares, and behavioral/MI-based programs for sleep apnea patients. The supervisor is a Board-Certified BSM Specialist, is VA Credentialed in CBT-I and has advanced training in geriatrics, MI, and Acceptance and Commitment Therapy (ACT).

Supervisors:

Falguni Chauhan, Ph.D.

Sarah Duman, Ph.D.

Jennifer Martin, Ph.D.

Didactics:

Psychology Training Seminar – weekly, 60-minute didactics on a broad range of issues, attended by interns and Fellow at the Sepulveda VA. Speakers are different each week. Topics include: Termination Issues in Psychotherapy, Licensure Preparation, Diversity Issues in the Practice of Psychology, Evidence-Based Psychotherapy in the VA, Military Culture, Wellness/Self Care, etc.

Evidence-Based Practice Seminar – weekly 90-minute seminar attended by interns and only the SUD/PTSD Fellow focusing on learning and implementing evidence-based therapy modalities

for the treatment of trauma – CPT and PE. The Fellow may also be responsible for teaching particular elements of the treatment modalities and may offer group consultation to interns.

Psychiatry Grand Rounds – weekly, 60-minute rounds attended by all SACC Mental Health providers, including psychiatrists, residents, psychologists, interns, social workers, and nurses. Speakers and topics vary each week.

Journal Club – monthly, 60-minute journal club at the Sepulveda VA, attended by all Sepulveda Psychology Postdoctoral Fellows (SUD/PTSD, PCMHI/B-Med, Women’s Health, and GRECC). Fellows are expected to circulate an article of interest and direct a discussion of the article, including a brief summary, discussion of why it is important or clinically relevant, discussion of the findings/results, and methodological considerations that should be noted. The Journal Club is facilitated by all postdoctoral fellowship supervisors on a rotating basis.

Bi-Annual Psychology Workshops - the GLA Psychology Department sponsors all-day Continuing Education Programs. Topics typically include Law and Ethics; Supervision; and other topics of interest, such as the use of telehealth technology in the provision of psychological services, MMPI-2 SF, Mindfulness Meditation, etc.

Facility and Training Resources

The Fellow will be provided with office space and computers necessary for patient care and administrative responsibilities. He/She will have full access to VA Medical Library services, the UCLA Biomedical Library, as well as VA Intranet and internet resources for clinical and research work. We have a comprehensive Psychology Assessment Lab, which includes a wide variety of psychological assessment instruments and scoring programs.

Administrative Policies and Procedures

Due Process – All trainees are afforded the right to due process in matters of problematic behavior and grievances. A copy of our due process policy is available upon request.

Privacy policy: we will collect no personal information about you when you visit our website.

Self-Disclosure: We do not require Fellows to disclose personal information to the program administrators or clinical supervisors, except in cases where personal issues may be adversely affecting the Fellows' performance and such information is necessary to address any difficulties.

Fellow Pay and Benefits

Stipend: Postdoctoral Fellows receive a competitive stipend that is paid in 26 biweekly installments. VA Fellowship stipends are locality adjusted to reflect different relative costs in different geographical areas. Currently, our stipend is \$47,049.

Benefits: The Fellowship appointments are for 2080 hours, which is full time for a one-year period. All VA Fellows are eligible for health insurance (for self, legally married opposite and same sex spouse, and legal dependents) and for life insurance, just as are regular

employees. However, as temporary employees, Fellows may not participate in the VA retirement programs.

Holidays and Leave: Fellows receive the 10 annual federal holidays. In addition, Fellows accrue 4 hours of sick leave and 4 hours of annual leave for each full two week pay period, for a total of between 96 and 104 hours of each during the year.

Liability Protection for Trainees: When providing professional services at a VA healthcare facility, VA sponsored trainees acting within the scope of their educational programs are protected from personal liability under the Federal Employees Liability Reform and Tort Compensation Act 28, U.S.C.2679 (b)-(d).

TRAINING STAFF

Barrad, Alex, Psy.D.

Training Roles: Supervisor, Co-Leader of Evidence-Based Practice Seminar I

Rotation: Addictive Behaviors Clinic, MHRIT

Undergraduate Program: University of California, San Diego, 2007

Doctoral Program: PGSP-Stanford Psy.D. Consortium, 2013

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2012-2013

Postdoctoral Fellowship: VA Loma Linda Healthcare System (Trauma), 2013-2014

Areas of Interest: Substance Use Disorders, Posttraumatic Stress Disorder, Acceptance and Commitment Therapy (ACT), Evidence-Based Treatments

Orientation: Cognitive-behavioral, Integrative

Chauhan, Falguni, Ph.D.

Training Roles: Associate Director of Training; Supervisor; Co-leader of Couples/Family Seminar and Supervision of Supervision

Rotation: Health Psychology: Geriatrics

Undergraduate Program: University of California Irvine, 1992

Graduate Program: Boston University, M.A., 1995

Doctoral Program: University of Houston (Counseling), 2007

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2006-2007

Areas of Interest: Geropsychology, Home Based Primary Care, Neuropsychology, Dementia, Alzheimer's Disease, Multiple Sclerosis, Posttraumatic Stress Disorder, TBI, Family Therapy, Caregiver Stress, Individual and Group Therapy.

Certifications: Certified VA Integrative Behavioral Couples Therapy (IBCT) and Cognitive-Behavioral Therapy for Insomnia (CBT-I) Provider

Orientation: Eclectic/ Integrative

DeLeeuw, Charles E., Ph.D.

Training Roles: Supervisor, Facilitator of Evidence-Based Practice Seminar II

Rotation: Mental Health Recovery and Intensive Treatment

Undergraduate Program: Hope College, 2005

Graduate Program: Fuller Graduate School of Psychology, MA, 2007

Doctoral Program: Fuller Graduate School of Psychology, PhD, 2011

Predoctoral Internship: Pacific Clinics, Arroyo FSP, 2010-2011

Postdoctoral Fellowship: VA Pacific Islands Health Care System, PTSD & SMI, 2011-2012

Areas of Interest: Acceptance and Commitment Therapy, Dialectical Behavioral Therapy, psychoanalytic theory and practice

Certifications: Certified VA Acceptance and Commitment Therapy (ACT) Provider

Orientation: Third Wave CBT

Duman, Sarah, Ph.D.

Training Roles: Supervisor, Co-Director of Anxiety Disorder Clinic

Rotation: Primary Care Mental Health Integration

Undergraduate Program: Yale University, 2000

Graduate Program: USC Clinical Science, M.A. 2005

Doctoral Program: USC Clinical Science, PhD, 2010

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2009-2010

Postdoctoral Fellowship: Women's Health, UCLA/VA Greater Los Angeles, 2011-2012

Areas of Interest: Integrative Medicine, Mindfulness, Biofeedback, Psychology in Primary Care, Evidence Based Treatments, Posttraumatic Stress Disorder, Women Veterans, Family Therapy, Individual and Group Therapy.

Certifications: Board Certified in Biofeedback, iRest Yoga Nidra Level I teacher, VA CALM Mindfulness Facilitator.

Orientation: Cognitive Behavioral, Integrative

Ganzell, Steven, Ph.D.

Training Roles: Co-leader of Supervision of Supervision

Rotation: N/A

Undergraduate Program: Brigham Young University, 1981

Doctoral Program: Brigham Young University (Clinical), 1987

Predoctoral Internship: VA Los Angeles Outpatient Clinic 1985-1986

Postdoctoral Fellowship: UCLA Neuropsychiatric Institute Department of Neuropsychology 1986-1991

Academic Affiliations: Assistant Professor, Psychiatry and Behavioral Sciences, UCLA Neuropsychiatric Institute; Faculty, Fellowship in Neuropsychology, UCLA School of Medicine; Faculty, Fellowship Geriatric Psychiatry/Psychology, UCLA School of Medicine; Assistant Clinical Professor of Psychology, Fuller Graduate School

Areas of Interest: Neuropsychological diagnosis and treatment, Neuropsychodynamics, Medical Psychology, Non-Normative Assessment of Neurobehavioral Syndromes, Jungian Psychotherapy, the Dynamics of Groups and Institutions

Orientation: Jungian, Analytic

Joyce, Erin, Psy.D.

Training Roles: Supervisor; Co-leader of Couples/Family Seminar

Rotation: Women's Clinic, Health Psychology: Behavioral Medicine

Undergraduate Program: Georgetown University, 2000

Graduate Program: Teachers College, Columbia University, M.A., 2005

Doctoral Program: PGSP-Stanford Psy.D. Consortium, 2011

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2010-2011

Postdoctoral Fellowship: Harbor-UCLA Medical Center, Behavioral Medicine/HIV Services, 2011-2012

Areas of Interest: Behavioral Medicine/Health Psychology, Women Veterans and Women's Health Issues, Posttraumatic Stress Disorder, Evidence-Based Treatments, Psychotherapy (Individual, Group, Couples and Family)

Orientation: Cognitive-Behavioral, Integrative

Kulick, Alexis D., Ph.D., ABPP/CN

Training Roles: Director of Training, Supervisor, Facilitator of Neuropsychology Seminar

Rotation: Health Psychology: Behavioral Medicine (Polytrauma/TBI Clinic)

Undergraduate Program: Brandeis University, 1996

Doctoral Program: Bowling Green State University (Clinical), 2001

Predoctoral Internship: Southern Louisiana Internship Consortium, 2000-2001

Postdoctoral Fellowship: Kaiser Permanente, Oakland; Department of Behavioral Medicine, 2001-2002

Areas of Interest: Clinical Neuropsychology; Psychodiagnostic Assessment; Behavioral Medicine/Health Psychology; Pain Management

Certifications: Diplomate in Clinical Neuropsychology

Orientation: Cognitive-Behavioral, Eclectic/Integrative

Lewis, Melissa M., Ph.D.

(Formerly Maglione, Melissa L., Ph.D.)

Training Roles: Supervisor, Co-Leader of Evidence-Based Practice Seminar, Psychology Training Seminar Coordinator

Rotation: Addictive Behaviors Clinic

Undergraduate Program: University of San Francisco, 2001

Doctoral Program: Saint Louis University (Clinical), 2009

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2008-2009

Postdoctoral Fellowship: University of California, San Diego/VA San Diego Healthcare System, 2009-2010

Areas of Interest: Substance Use Disorders, Posttraumatic Stress Disorder; Severe Mental Illness; Psychodiagnostic Assessment; Evidence-Based Interventions

Certifications: Certified VA Cognitive Processing Therapy (CPT) Provider, Certified VA Social Skills Training (SST) Provider

Orientation: Cognitive-behavioral, eclectic/integrative

Martin, Jennifer, Ph.D., FAASM, CBSM

Training Roles: Supervisor, Advisor

Rotation: Sleep Disorders Clinic

Undergraduate Program: University of California, San Diego, 1995

Doctoral Program: San Diego State University/University of California, San Diego Joint Doctoral Program (Clinical), 2002

Predoctoral Internship: Brown University, 2001-2002

Postdoctoral Fellowship: Geriatrics, University of California, Los Angeles 2002-2003

Academic Affiliations: Adjunct Associate Professor, David Geffen School of Medicine, University of California, Los Angeles; Faculty, UCLA Multicampus Program in Geriatrics and Gerontology

Faculty; Cedars Sinai Sleep Medicine Fellowship Program; Research Scientist, VAGLAHS Geriatric Research, Education and Clinical Center

Areas of Interest: Psychological Treatment of Insomnia, Chronic Nightmares and Circadian Rhythm Sleep Disorders; Geriatrics; Health Psychology; Motivational Interviewing; Women's Health

Certifications: Certified in Behavioral Sleep Medicine by the American Board of Sleep Medicine, Fellow of the American Academy of Sleep Medicine

Orientation: Cognitive-behavioral (with motivational enhancement and case conceptualization)

Schafer, David, Psy.D.

Training Roles: Associate Chair of the Psychology Department for Sepulveda and NBOCs, Associate Chief of Mental Health for Trauma Recovery Services, Supervisor, Co-Leader of Evidence-Based Practice Seminar

Rotation: N/A

Undergraduate Program: Drexel University, 1986

Doctoral Program: Pepperdine University (Clinical Psychology), 2008

Predoctoral Internship: The National Center for PTSD, VA Pacific Island Healthcare System, Honolulu, Hawaii 2007-2008

Academic Affiliations: Clinical Instructor, David Geffen School of Medicine at UCLA; Adjunct Professor, Pepperdine University

Areas of Interest: Combat Trauma, Posttraumatic Stress Disorder, Anxiety, Depression, Trauma-focused Therapy, Mindfulness Meditation, Motivational Interviewing, Acceptance and Commitment Therapy (ACT), Prolonged Exposure (PE), and Cognitive Processing Therapy (CPT)

Certifications: Certified VA Prolonged Exposure (PE) Provider; Certified VA Acceptance and Commitment Therapy (ACT) Provider; Board Certified in Biofeedback (BCB)

Orientation: Existential, Behavioral, and Psychodynamic

Serpa, J. Greg, Ph.D.

Training Roles: Supervisor

Rotation: Health Psychology: Behavioral Medicine (MBSR)

Undergraduate Program: UCLA, 1985

Graduate Program: USC, School of Cinematic Arts, MFA, 1990

Doctoral Program: California School of Professional Psychology (Clinical), 2004

Predoctoral Internship: VA Sepulveda Ambulatory Care Center, 2003-2004

Postdoctoral Fellowship: HIV Mental Health, University of California Los Angeles, 2004-2005

Academic Affiliations: Associate Clinical Professor, Psychology Department, UCLA

Areas of Interest: Health Psychology, HIV Mental Health, LGBT Mental Health, Mind-Body Interactions, Mindfulness, Substance Use Disorders and Treatment, Supervision, Trauma

Certifications: National Trainer, American Psychological Association, HIV Office of Psychology Education, Certified Prolonged Exposure provider, MBSR teacher

Orientation: Cognitive-Behavioral, Mindfulness/Buddhist Psychology, Self Psychology

Spangler, Shana, Psy.D.

Training Roles: Supervisor; Co-Leader of Evidence-Based Practice Seminar; SACC Lead Psychologist

Rotation: MHRIT

Undergraduate Program: University of California, Los Angeles, 1998

Doctoral Program: Pepperdine University, 2009

Predoctoral Internship: W.G. "Bill" Hefner VA Medical Center, Salisbury, NC, 2008-2009

Postdoctoral Fellowship: University of California, San Francisco/VA San Francisco, PTSD/Substance Use, 2009-2010

Areas of Interest: Posttraumatic Stress Disorder; Substance Use; Evidence-Based Interventions; Student Veterans; OEF/OIF Post-Deployment Integrated Care; Primary Care – Mental Health Integration; Sleep Disorders.

Certifications: Certified VA Cognitive Processing Therapy (CPT), Interpersonal Psychotherapy (IPT) Provider, and Prolonged Exposure (PE) Provider; Board Certified in Biofeedback (BCB)

Orientation: Cognitive-behavioral, eclectic/integrative

Graduate Programs of Recent Trainees

2015-2016

PCMHI/B-Med	<u>Graduate Program</u>	<u>Internship Program</u>
SUD/PTSD:	CSPP SF	Loma Linda VA
	Pepperdine	VA SACC

2014-2015

SUD/PTSD:	<u>Graduate Program</u>	<u>Internship Program</u>
	CSPP Los Angeles	Tuscaloosa VA

GETTING TO SEPULVEDA

16111 Plummer Street

North Hills, CA 91343

Driving Directions

From West LA

405 North to Nordhoff.

Left onto Nordhoff

Right onto Haskell

Left onto Plummer

Entrance to the Medical Center is on the right

From Ventura

101 South to the 405 North

Exit at Nordhoff

Left on Nordhoff

Right on Haskell

Left onto Plummer

Entrance to the Medical Center is on the right

From Bakersfield

Take the 99 or I-5 south to the I-5 to the 405 South

Exit at Devonshire

Right on Devonshire

Left on Haskell

Right on Plummer

Entrance to the Medical Center is on your right

From Ridgecrest/Palmdale

Take the 14 Freeway south to the I-5 to the 405 South

Exit at Devonshire

Left on Haskell

Right on Plummer

Entrance to the Medical Center is on the right